

THRIFTASTIC[®]

Job Readiness Program

Accepting Student Applications for the Summer!



Attention students! Are you looking to gain work experience and leadership skills for your first job? If so, the **Thriftastic Job Readiness Program** is just for you...

- Experience in a working retail setting.
- Improve your communication.
- Develop leadership skills.
- Build valuable skill sets for your future.
- Help support the FREE programs at The Bridge.
- Serve 2-4 hours a week.

This opportunity is open to teens in 7th - 12th grade with an approved Bridge student membership.

Apply Today!

All applications must be submitted by Wednesday, June 2nd. To apply, visit thebridgeteencenter.org & click the banner.

Sponsored by:



Family Service Dates

We have created space so families can safely serve together at The Bridge Thrift Store, which is the main source of income for our FREE programs. Family service dates are scheduled on the following Wednesdays from 4-6pm:

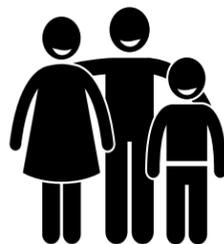
March 10

March 24

April 14

April 28

May 12



Contact Kelsey: 708.532.0500 ext. 108 or volunteer@thebridgeteencenter.org.

These pandemic-safe programs and service opportunities are supported in part by:



FRIDAY NIGHTS

We know you miss Friday Night...we miss them (and you) too!!!

Plans for Summer will be announced in May.

Get ready to experience all the good times again and create new memories. Plus, we'll unveil our **NEW** outdoor space.

Follow us on social media for updates.

Special thanks to Olivet for supporting us this semester. OLIVET NAZARENE UNIVERSITY



WE NEED YOUR SUPPORT



Give through service: Apply to become a volunteer!



Make a donation through the donate tab on our site.



Shop for amazing finds at The Bridge Thrift Store.



Purchase items from our Amazon Wishlist (see tab above).



Donate your gently used items to The Bridge Thrift Store.



Share The Bridge with another family, your school or church!

Thank you for **GIVING LOCAL** in support of the teens and families we serve!



We're in this Together!

It's important for every Bridge family member to do their part to keep everyone safe and healthy. With that in mind, please review the guidelines below.



PICK-UP AND DROP-OFF:

Please arrive on time (not early) for your program. Pick-up must also be on-time (not late).

CLEAN YOUR SPACE:

If you utilize a space, sanitize it when you're done so others can safely use it.

SIGN UP:

There will be no drop-in hours for now. ALL programs and events require sign-up online.

WASH/SANITIZE HANDS:

Use bathrooms or hand sanitization stations regularly to keep hands clean.

PRACTICE SOCIAL DISTANCING:

Please stay 6 feet away from others inside AND outside of the building.

NO BEVERAGE/FOOD SHARING:

Do not share cafe items with others for any reason. Keep food to yourself.

MASKS REQUIRED:

Masks must be worn in and around the facility at all times. Try not to touch your mask.

GAMES & SUPPLIES:

If you use something, please place it in a sanitization bin or wipe it down yourself.

THE **BRIDGE** TEEN CENTER

Spring 2021

This semester is sponsored by:



FREQUENTLY ASKED QUESTIONS

WHAT IS THE BRIDGE TEEN CENTER?

We are a 501(c)(3) nonprofit community center for students in 7th-12th grade. We offer nationally-recognized FREE programs and events that are designed around the interests and needs of teens in the suburbs. To date, we have served 10,000 different students from 128 communities.

HOW DOES A STUDENT BECOME A MEMBER?

Click the "APPLY NOW" green button on our website. The Student Membership Application (SMA) can be completed online or a hard copy can be picked up in person. Students are **required** to fill out an SMA only once. Once completed, signed by a parent/guardian, and approved by staff, students have access to all of our free programs.

HOW DO I SIGN UP FOR PROGRAMS?

To sign up online for our FREE programs, click on "Programs" on our homepage. Pick the programs you want to attend and click "Sign up for this program." Finish sign up by clicking the "shopping cart" icon on the top right. Then "check out" with your student ID and password. Please email us if you do not have your student login info.

HOW ARE YOU MAINTAINING A SAFE & HEALTHY ENVIRONMENT?

We need everyone's help to keep The Bridge as safe as possible for our students, volunteers and staff. For details, please check out the "We're In This Together" section on the back of this Program Magazine.



WHEN ARE YOU OPEN FOR STUDENTS?

Due to the COVID-19 pandemic, we are unable to provide drop-in hours. All programs require sign-up in advance. Please visit our website for the most current calendar of both in-person and Zoom program offerings.

HOW CAN A STUDENT EARN COMMUNITY SERVICE HOURS?

Community service at our Thrift Store is available for students with an approved SMA on file. Complete the SMA online and mark "yes" to serving at the Thrift Store. Already a member? Call 708.532.0500 ext. 108 or email volunteer@thebridgeteencenter.org.

15555 S. 71st Court
Orland Park, IL 60462
708.532.0500

thebridgeteencenter.org

@TheBridgeTC



OUR FREE PROGRAMS ARE ORGANIZED INTO

5 BUCKETS:



MIND/
BODY



EVERYDAY
LIFE



COMMUNITY
CONNECTIONS



EDUCATIONAL
SUPPORT



EXPRESSIVE
ARTS



CHECK OUT OUR CULINARY PROGRAMS THAT ARE SPONSORED IN PART BY:



MARCH



March 2 (Tues., 3:45-4:45)
ORIGAMI ART

Embrace this ancient Japanese art form by folding and shaping paper into colorful 3D sculptures.



March 2 (Tues., 5:00-6:00)
CRIMINAL JUSTICE MYSTERY GAMES

w/ Moraine Valley Community College
Team-up (socially distanced, of course) with your Bridge friends and play games to solve mysteries.



March 3 (Wed., 3:45-5:00)
3D SKETCHES

Draw creative sketches and include everyday items like paper clips, bottle caps, and anything else you can find!



March 3 (Wed., 5:00-6:00)
SOUL CAFE: HOW TO FORGIVE WHEN YOU CAN'T FORGET

Hear from a few friendly pastors on tips that can help you heal from past hurt and lead you to forgive people who have caused harm. All are welcome in this safe space.



March 4 (Thurs., 4:30-6:00)
GARAGE HANGOUT

Come spend time with Bridge friends and play some of your favorite games in the Garage!



March 9 (Tues., 4:00-5:00)
CARDIO FITNESS w/ AvoLife Fitness

Go for it! Try this energizing circuit training workout that will get your heart rate up and help build muscle.



March 9 (Tues., 5:00-6:00)
SPRING NAIL DESIGNS

Do your nails need a makeover? Try new designs on popsicle sticks and artificial nails. Be ready to do your nails at home!



March 10 (Wed., 5:00-6:00)
HOW TO TAKE TESTS WITHOUT THE STRESS

Discover surprisingly-simple strategies to prepare yourself and stay calm during tests.



March 11 (Thurs., 4:00-5:00)
CREATIVE MIRROR PHOTOGRAPHY

w/ Four 12 Photography
Sharpen your photography skills by using mirrors in various backgrounds. Bring your smartphone if you have one!



March 11 (Thurs., 4:15-5:45)
CULINARY: GOURMET POPCORN RECIPES

w/ Mandi, Bridge Staffer
Create unique popcorn flavors, such as rosemary parmesan, super-sweet unicorn and old-fashioned kettle corn.



March 11 (Thurs., 4:15-5:45)
ZOOM LIVE: GOURMET POPCORN RECIPES

w/ Mandi, Bridge Staffer
Join us from home on Zoom! See above description for details. If you have the ingredients, feel free to make these popcorn recipes right along with us or just watch.



March 16 (Tues., 4:00-5:00)
PROJECT GIVE: AFFIRMATION CARDS

w/ Margaux Mays
Decorate cards with colorful paper and positive phrases. Hang a few by your desk or locker, and give some to a friend!



March 16 (Tues., 4:30-5:45)
UKULELE w/ Down Home Guitars

This Hawaiian instrument is perfect to pick up and try! All skill levels welcome. Ukuleles provided.



March 17 (Wed., 4:00-5:30)
CULINARY: THREE-MEAT SLIDERS & CORN PUDDING w/ City Barbeque

Construct mini burgers with brisket, chicken, and/or pork. Mix flavorful ingredients to make corn pudding, too!



March 17 (Wed., 4:00-5:30)
ZOOM LIVE: THREE-MEAT SLIDERS & CORN PUDDING w/ City Barbeque

Join us from home on Zoom! See above description for details. If you have the ingredients, feel free to make these savory recipes right along with us or just watch.



March 17 (Wed., 4:15-5:30)
LEATHER STAMPING

Enhance a leather bracelet or keychain with your favorite quote.



March 18 (Thurs., 4:00-5:00)
CHESS TOURNAMENT w/ Ian, Bridge Ambassador

Challenge a fellow Bridge student to an intense game of Chess. All skills levels welcome. Checkmate!



March 18 (Thurs., 4:15-5:15)
COLORING TO REDUCE ANXIETY

Discover how to let go of worries, add color to intricate designs, and set a plan for more happy days ahead!



March 23 (Tues., 3:45-5:45)
GARAGE HANGOUT

Come spend time with Bridge friends and play some of your favorite games in the Garage!



March 23 (Tues., 4:15-5:30)
INSPIRATIONAL ROOM DESIGN w/ Ethan Allen

Tour a high-end furniture store and design a room by choosing furniture, paint colors, and accents.



March 24 (Wed., 4:00-5:15)
PING PONG & PIZZA

Get your energy out with an exciting game of Ping Pong and have a few slices of pizza. Yes, please!



March 25 (Thurs., 3:00-5:00)
OPEN ART STUDIO

Draw, paint, scrapbook, make a friendship bracelet or duct-tape creation... the possibilities are endless!



March 25 (Thurs., 5:00-5:30)
VIDEO: BELGIAN STREET WAFFLES w/ Chef Davis Knight

Watch this video as Chef Davis creates Belgian waffles. They are so easy to carry (and eat) on the go!



March 30 (Tues., 2:30-4:00)
PROJECT SERVE: THRIFT STORE

Give back to The Bridge! Show your heart of service by helping at The Bridge Thrift Store, which supports all the free programs you & your friends enjoy at the teen center. Per new safety guidelines, all donated items sit for 48+ hours prior to being touched & sorted. Gloves will be provided. Community service hours given.



March 30 (Tues., 4:15-5:45)
OPEN STUDIO: RUBBER BAND POWERED CARS (MS ONLY)

Use that amazing brain to build a powered car with sticks, lids, tape, rubber bands, and batteries!

STUDENTS MAY SIGN UP FOR 1 PROGRAM PER DAY.



ALL PROGRAMS & EVENTS REQUIRE SIGN-UP.



NO DROP-IN HOURS THIS SEMESTER.



NO BUS PICK-UP THIS SEMESTER.

MARCH-APRIL



March 31 (Wed., 2:45-4:00)
MELTED CRAYON ART w/ Becca, Bridge Staffer

Melt bright and colorful crayons onto canvas and see how creative you can get!



March 31 (Wed., 4:00-5:30)
CULINARY: FRENCH CHOUX PASTRY

w/ Karla Temple, RDN
Mix ingredients to make cheese puffs. Fill them with sweetened whipped cream or vanilla ice cream. Bon Appetit!



March 31 (Wed., 4:00-5:30)
ZOOM LIVE: FRENCH CHOUX PASTRY

w/ Karla Temple, RDN
Join us from home on Zoom! See above description for details. If you have the ingredients, feel free to make these fancy puffs right along with us or just watch.



April 1 (Thurs., 4:00-6:00)
KNITTING: KITCHEN DISH CLOTHS

Choose from sturdy colorful yarn and add these homemade dishcloths to your family's kitchen. Beginners welcome.



April 6 (Tues., 5:00-6:00)
ADVANCED WRITING: BUILDING BLOCKS OF A NOVEL

Try your hand at the essential elements of a novel - great characters, a thrilling plot, and a conflict and resolution.



April 7 (Wed., 4:00-5:30)
GARAGE HANGOUT

Come spend time with Bridge friends and play some of your favorite games in the Garage!



APRIL 7 (Wed., 4:30-5:45)
STEM: RENEWABLE ENERGY & ELECTRICITY w/ IBEW-NECA Technical Institute

Dive into the world of renewable energy as it relates to the construction industry. Career possibility, perhaps?



April 8 (Thurs., 4:00-5:30)
PROJECT SERVE: THRIFT STORE

Give back to The Bridge! Show your heart of service by helping at The Bridge Thrift Store, which supports all the free programs you & your friends enjoy at the teen center. Per new safety guidelines, all donated items sit for 48+ hours prior to being touched & sorted. Gloves will be provided. Community service hours given.



April 8 (Thurs., 4:15-5:30)
BEGINNING ACOUSTIC GUITAR w/ One Fine Tune

Learn basic chords and practice playing a popular song. Don't have a guitar? We've got you covered.



April 13 (Tues., 4:00-5:00)
SCRABBLE TOURNAMENT & SUB SANDWICHES

Put your word knowledge to the test and challenge a Bridge friend to Scrabble. Sub sandwiches on us, too!



April 13 (Tues., 4:15-5:30)
BEHIND THE SCENES: FREDDY'S FROZEN CUSTARD

Get a tour of our neighborhood Freddy's, watch how they prep and cook food quickly, and make your own frozen concrete.



April 14 (Wed., 4:00-5:30)
TERRARIUM GARDENS w/ Get Growing Foundation

Assemble your own plant ecosystem, learn how plants make you happy and tour a cool plant truck!



April 15 (Thurs., 4:00-5:15)
CULINARY: ENERGY-BOOSTING SNACK MIX

w/ Olivet Nazarene University
Build snack mixes that pack a punch! Use dark chocolate chips, cereal, dried fruit, and other tasty ingredients.



April 15 (Thurs., 4:00-5:15)
ZOOM LIVE: ENERGY-BOOSTING SNACK MIX

w/ Olivet Nazarene University
Join us from home on Zoom! See above description for details. If you have the ingredients, feel free to make these snacks right along with us or just watch.



April 15 (Thurs., 5:00-6:00)
STEM: SCIENCE EXPERIMENTS

Make a relaxing lava lamp and watch cool experiments that create a storm in a glass and a mini volcano.



April 20 (Tues., 4:00-5:00)
MACRAME KEYCHAINS w/ Joy, Bridge Staffer

Knot twine cording into a textured keychain through macramé. You'll love this trending art form!



April 20 (Tues., 5:00-6:00)
SOUL CAFE: MAKING SUCCESS FROM FAILURE

w/ Hope Enrichment Center
Hear about the power of positive thoughts. Embellish a colorful canvas and hang it on your bedroom wall as a reminder.



April 21 (Wed., 4:00-5:30)
CULINARY: SWEET & SAVORY CUSTARD MUFFINS

Make two types of custard muffins (a.k.a. bread pudding) - sweet like a cinnamon roll and savory like pizza. Yum!



April 21 (Wed., 4:00-5:30)
ZOOM LIVE: SWEET & SAVORY CUSTARD MUFFINS

Join us from home on Zoom! See above description for details. If you have the ingredients, feel free to make these muffins right along with us or just watch.



April 22 (Thurs., 4:15-5:45)
DIY WORKSHOP: THRIFT STORE PLANTS

w/ Joy, Bridge Staffer
Create small potted house plants that will be sold at The Bridge Thrift Store, which supports the free programs you and your friends enjoy! Community service hours given.



April 22 (Thurs., 5:00-6:00)
PROJECT SERVE: LITTER PICK

Did you know that The Bridge is a charity? Clean the surrounding property and help preserve it for years to come. Gloves provided. Community service hours given.



April 27 (Tues., 4:00-5:30)
BAGELS & BIG ROOM HANGOUT

Grab a bagel and choose from a variety of cream cheeses. Then, play a game with a friend or two in the Big Room!



April 28 (Wed., 4:15-5:45)
OPEN ART STUDIO

Draw, paint, scrapbook, make a friendship bracelet or duct-tape creation... the possibilities are endless!



April 28 (Wed., 4:30-6:00)
DOZE OFF IN THE HIDEAWAY (HS ONLY)

Get cozy in The Hideaway! Doze off into dreamland and let sleep revive you. One person per pod.

APRIL-MAY



April 29 (Thurs., 4:00-5:15)
SKIN CARE ESSENTIALS (GIRLS ONLY)

Hear from a licensed aesthetician & care for your skin by cleansing, exfoliating and applying a mask.



May 4 (Tues., 4:15-5:45)
STEM HOUR OF CODE: STAR WARS

Attach artificial flowers and embellishments to a frame that your Mom (or mother figure) can treasure for years!



May 4 (Tues., 4:30-5:30)
GIFT FOR MOM: CUSTOM FLORAL MIRROR

w/ Becca, Bridge Staffer
Attach artificial flowers and embellishments to a frame that your Mom (or mother figure) can treasure for years!



May 5 (Wed., 4:00-5:15)
DIY: ARTISAN BEADED BRACELETS

Assemble colorful beaded bracelets with your choice of wire, leather, gems, and charms.



May 5 (Wed., 4:30-5:45)
GARAGE HANGOUT & CHIPS AND SALSA

Happy Cinco de Mayo! Spend time with Bridge friends, play some Garage games, and munch on chips and salsa.



May 6 (Thurs., 4:00-5:45)
PROJECT SERVE: VOLUNTEER WITH MOM

In honor of Mother's Day, spend quality time with your Mom (or mother figure) by volunteering at The Bridge Thrift Store! Tasks will include sorting, cleaning, and shelving their donated items. Per new safety guidelines, all donated items sit for 48+ hours prior to being touched & sorted. Community service hours given.



May 11 (Tues., 4:00-5:00)
ELECTRIC GUITAR

Let that inner rock star out! Practice chords and work your way through a popular song. All levels welcome. Guitars provided.



May 11 (Tues., 4:00-5:30)
CULINARY: APPLE CROSTATA & ICE CREAM

w/ Cooper's Hawk
Make your own pastry crust and filling and end up with warm apple crostata pie. Top it off with vanilla ice cream!



May 11 (Tues., 4:00-5:30)
ZOOM LIVE: APPLE CROSTATA & ICE CREAM

w/ Cooper's Hawk
Join us from home on Zoom, see the above description for details. If you have the ingredients, feel free to make this pie right along with us or just watch.



May 12 (Wed., 4:15-5:45)
OPEN ART STUDIO

Draw, paint, scrapbook, make a friendship bracelet or duct-tape creation... the possibilities are endless!



May 12 (Wed., 4:30-6:00)
RELAX IN THE HIDEAWAY (MS ONLY)

Get cozy in The Hideaway! Read, listen to music, color, take a nap... just relax. One person per pod.



May 13 (Thurs., 4:00-5:30)
SOFT PASTELS w/ PrairieArt Studio

Create artwork with texture and vibrant colors! Practice pastel techniques like layering and blending.



May 13 (Thurs., 5:00-6:00)
FINALS PREP (HS ONLY) w/ Huntington Learning Center

Pick up some tips for finals and develop your own personal studying plan for tackling your exams.



May 18 (Tues., 4:15-5:45)
OPEN STUDIO: 3D STRAW STRUCTURES

Build amazingly-fun and intricate 3D straw structures like geodesic domes, ninjas, the Eiffel Tower.



May 20 (Thurs., 4:15-5:45)
GRAPHIC DESIGN w/ Brock, Bridge Staffer

Sketch a custom emoji or avatar into Adobe Illustrator. Export the finished product and use it while texting!

GARDENING WEEK



May 18 (Tues., 4:00-