

THRIFTASTIC

Student Service

The Bridge Thrift Store provides students with opportunities to earn community service hours and gain job and leadership experience in a fun environment.

SAFE & INDEPENDENT STUDENT SERVICE

Show your heart of service and help support our main source of income to provide all our FREE programs! We need help sorting donated clothing, home decor, toys and more.

It's the perfect opportunity to get out of the house for a couple hours and give back in a safe and socially distant way.

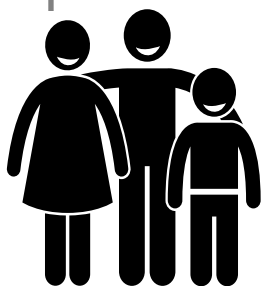


FAMILY SERVICE OPPORTUNITIES

Make memories with your family while giving back to the community and support local teens.

We have created space so families can safely serve together at The Bridge Thrift Store, which is the main source of income for the FREE programs we offer.

All volunteers must be at least 10 years old.



SCHEDULE YOUR SERVICE TODAY!

We have many opportunities available.
Contact Kelsey: 708.532.0500 ext. 108 or
volunteer@thebridgeteencenter.org.

These pandemic-safe programs and service opportunities are supported in part by:



Spring Programs

Plans will be released for our next Program Magazine as news around covid restrictions is released.

Follow us on social media and visit thebridgeteencenter.org for the latest news.

thebridgeteencenter.org
@TheBridgeTC



We're in this Together!

It's important for every Bridge family member to do their part to keep everyone safe and healthy. With that in mind, please review the guidelines below.

PICK-UP AND DROP-OFF:

Please arrive on time (not early) for your program. Pick-up must also be on-time (not late).

SIGN UP:

There will be no drop-in hours for now. ALL programs and events require sign-up online.

PRACTICE SOCIAL DISTANCING:

Please stay 6 feet away from others inside AND outside of the building.

MASKS REQUIRED:

Masks must be worn in and around the facility at all times. Try not to touch your mask.

DON'T MOVE FURNITURE:

All furniture has been placed for social distancing, so please don't move anything.

CLEAN YOUR SPACE:

If you utilize a space, sanitize it when you're done so others can safely use it.

WASH/SANITIZE HANDS:

Use bathrooms or hand sanitization stations regularly to keep hands clean.

DON'T SHARE PERSONAL DEVICES:

Do not set your phone down on public surfaces or share it with others.

NO BEVERAGE/FOOD SHARING:

Do not share cafe items with others for any reason. Keep food to yourself.

GAMES & SUPPLIES:

If you use something, please place it in a sanitization bin or wipe it down yourself.

amazonwishlist

We maintain a wishlist on Amazon of items we need for programs and operations that are more time sensitive. Your support keeps our expenses down.

To see our wishlist, visit thebridgeteencenter.org and click 'DONATE' at the top. Scroll down to find the Amazon Wishlist link.

Thank you for supporting our free programs!

GIVE LOCAL

90%

of every dollar raised directly supports the students we serve!

The Bridge Teen Center needs **YOUR** support during these uncertain times. COVID-19 has impacted many of our supporters, and as a result, several major funders have redirected support to pandemic-related causes in 2020 and 2021. This comes at the same time our primary revenue source, The Bridge Thrift Store, was closed for months due to the quarantine order.

As a **LOCAL** cause that serves **LOCAL** families, we ask that you consider investing in our mission however you are able. There are many ways you can invest in the mission of The Bridge, so please click on the **DONATE** tab on our website.

THE
BRIDGE
TEEN CENTER



Winter

2021

This semester is sponsored by:



FREQUENTLY ASKED QUESTIONS

WHAT IS THE BRIDGE TEEN CENTER?

We are a 501(c)(3) nonprofit community center for students in 7th-12th grade. We offer nationally-recognized FREE programs and events that are designed around the interests and needs of teens in the suburbs. To date, we have served 10,000 different students from 128 communities.

HOW DOES A STUDENT BECOME A MEMBER?

Click the "APPLY NOW" green button on our website. The Student Membership Application (SMA) can be completed online or a hard copy can be picked up in person. Students are **required** to fill out an SMA only once. Once completed, signed by a parent/guardian, and approved by staff, students have access to all of our free programs.

HOW DO I SIGN UP FOR PROGRAMS?

To sign up online for our FREE programs, click on "Programs" on our homepage. Pick the programs you want to attend and click "Sign up for this program." Finish sign up by clicking the "shopping cart" icon on the top right. Then "check out" with your student ID and password. Please email us if you do not have your student login info.

HOW ARE YOU MAINTAINING A SAFE & HEALTHY ENVIRONMENT?

We need everyone's help to keep The Bridge as safe as possible for our students, volunteers and staff. For details, please check out the "We're In This Together" section on the back of this Program Magazine.



WHEN ARE YOU OPEN FOR STUDENTS?

Due to the COVID-19 pandemic, we are unable to provide drop-in hours. All programs require sign-up in advance. Please visit our website for the most current calendar of both in-person and Zoom program offerings.

HOW CAN A STUDENT EARN COMMUNITY SERVICE HOURS?

Community service at our Thrift Store is available for students with an approved SMA on file. Complete the SMA online and mark "yes" to serving at the Thrift Store. Already a member? Call 708.532.0500 ext. 108 or email volunteer@thebridgeteencenter.org.

1555 S. 71st Court
Orland Park, IL 60462
708.532.0500

thebridgeteencenter.org
@TheBridgeTC



OUR FREE PROGRAMS ARE ORGANIZED INTO
5 BUCKETS:



CHECK OUT OUR CULINARY PROGRAMS THAT ARE SPONSORED IN PART BY:



JANUARY - FEBRUARY

- January 5 (Tues., 4:00-5:00) CAFE SNACKS & BINGO**
What's better than some tasty goodness from the Cafe and a chill game of Bingo with your friends? Nothing, so join us!
- January 6 (Wed., 4:00-5:30) OPEN ART STUDIO**
Practice your drawing skills, paint a canvas, twist thread into a friendship bracelet, make a duct-tape creation... we could keep going. What will you create?!
- January 6 (Wed., 5:30-6:00) VIDEO: APPLE HAND PIES** w/ Madeline and the Travelling Bakeshop
Watch how these delightful treats are made. All you need is pie crust (homemade or store-bought), apples, sugar, butter, and some spices. Plan to whip up this recipe as a surprise dessert for your family! Full recipe will be shared in video.
- January 7 (Thurs., 4:30-5:45) DIY: WOODWORKING KITS** w/ Matt, Bridge Staffer
Sand and assemble a wooden object. There will be trays, clocks, bookends, table-top signs, and more. Sign up now!
- January 12 (Tues., 4:00-5:15) CULINARY: COZY WINTER DRINKS** w/ Connect Roasters
Create some "must-have" winter drinks from an expert! You'll be happy to know they can all be caffeinated. #Winning
- January 12 (Tues., 4:00-5:15) ZOOM LIVE: COZY WINTER DRINKS** w/ Connect Roasters
Join us from home on Zoom! See above description for details. If you have a coffee or espresso machine and various syrups, feel free to make these drinks right along with us or just watch. Full recipes on our website.
- January 13 (Wed., 4:00-6:00) HANDYMAN: CHALKBOARD FRAMES** w/ Operation Nehemiah
Measure, assemble, and paint wood to create an original chalkboard decor piece.
- January 14 (Thurs., 4:00-5:00) DIY: NOTEBOOK COVERS** w/ Shelby, Bridge Alumna
Customize notebooks and journals to express your personality and passions! Decorate with inspirational words, photos, and a variety of embellishments.
- January 14 (Thurs., 5:00-6:00) HOW TO DEAL W/ QUARANTINE FATIGUE**
Feeling tired of #quarantine life and all that goes with it? Choose a new mindset! Get refreshed and de-stress with games, positive self-talk, and tools to problem solve through the new normal.
- January 19 (Tues., 4:00-5:00) SONGWRITING** w/ John, Bridge Alumna
Get a crash course on songwriting! Hear from John, former Bridge student and one of the winners of Battle of the Bands 2019. He'll share how to create lyrics, song structure, and put words to music.
- January 19 (Tues., 4:45-6:00) STEM: WEB CODING**
Write code using Python, a programming language that allows you to customize algorithms that are typically used in many web applications.
- January 20 (Wed., 4:00-5:30) GARAGE HANGOUT & CHEESY SNACKS**
It's Cheese Lovers Day! Choose from a variety of pre-packaged cheesy snacks and play your favorite Garage games with friends.
- January 20 (Wed., 4:30-5:45) DIY WORKSHOP: THRIFT STORE CORK MAGNETS** w/ Becca, Bridge Staffer
Create tiny magnet animals or sculptures from bottle corks. Hang them on your fridge or locker, so you can write messages or add to your family's grocery list.
- January 21 (Thurs., 4:00-5:30) HOT TEA & WINTER LANDSCAPE PAINTING** w/ Pekoe & Bean
Experience the warmth and coziness of full-flavored tea from a local tea room, Pekoe & Bean. Paint winter evergreen trees on a canvas, too!
- January 26 (Tues., 4:00-5:30) CULINARY: HOMEMADE PASTA** w/ Joliet Junior College Culinary Arts
Walk through the entire pasta-making process – mix ingredients to create, roll out, and shape dough into fettuccine noodles and ravioli. Watch a demo on how to make homemade tomato sauce, too!
- January 26 (Tues., 4:00-5:30) ZOOM LIVE: HOMEMADE PASTA** w/ Joliet Junior College Culinary Arts
Join us from home on Zoom! See above description for details. If you have the ingredients, feel free to make fresh and tasty pasta right along with us or just watch. Full recipe on our website.
- January 26 (Tues., 4:15-5:45) PROJECT SERVE: THRIFT STORE DISPLAYS**
Discover marketing secrets behind creating displays that draw guests in and keep them shopping. Did you know every dollar spent at The Bridge Thrift Store helps to fund the FREE programs you get to enjoy at the teen center? Community service hours given.
- January 27 (Wed., 4:00-5:00) ROOT BEER & CHARADES**
Kick back with an ice cold root beer, and really get into a game of Charades with your Bridge friends!
- January 27 (Wed., 5:00-6:00) VIOLIN** w/ Jenna, Bridge Staffer
Experience holding a violin and bow properly, learn the names of instrument parts and strings, and start playing notes!
- January 28 (Thurs., 3:45-5:00) GARAGE HANGOUT**
Come spend time with Bridge friends & play some of your favorite Garage games! Challenge someone to foosball, pick out a board game, or play a few rounds of pool. Our video game area will also be open for your enjoyment.
- January 28 (Thurs., 5:00-6:00) YOGA TO SLEEP BETTER**
Can't sleep? Improve your "ZZZZ" by doing yoga before bedtime. It may help relax your mind & body. Learn how to do specific stretches & poses from a professional yoga instructor.
- February 2 (Tues., 3:45-4:45) DIY SKIN CARE: NATURAL FOOT SCRUB** w/ Mandi, Bridge Staffer
Soften your skin by creating your own sugar scrub with coconut oil, granulated sugar & essential oils.
- February 2 (Tues., 4:45-5:45) FIRST AID REFRESHER** w/ Dr. Priya Shashtri
Knowing how and when to deliver First Aid or even CPR could save a life! Participate in a friendly-competition to see how much you know. Winners will be rewarded – sign-up to find out the prizes!
- February 3 (Wed., 4:00-5:30) CULINARY: VALENTINE'S DAY CUPCAKES**
Ever seen those "exploding" cakes where candy is falling out of them? Find out how to do that V-Day style with red, pink, and white sprinkles and make your own heart-shaped fondant, too!

STUDENTS MAY SIGN UP FOR 1 PROGRAM PER DAY.

ALL PROGRAMS & EVENTS REQUIRE SIGN-UP.

NO DROP-IN HOURS THIS SEMESTER.

NO BUS PICK-UP THIS SEMESTER.

FEBRUARY

- February 3 (Wed., 4:00-5:30) ZOOM LIVE: VALENTINE'S DAY CUPCAKES**
Join us from home on Zoom! See above description for details. If you have the ingredients, feel free to make these sweet creations right along with us or just watch. Full recipe on our website.
- February 3 (Wed., 4:15-5:45) OPEN ART STUDIO**
Practice your drawing skills, paint a canvas, twist thread into a friendship bracelet, make a duct-tape creation... we could keep going. What will you create?!
- February 4 (Thurs., 4:00-6:00) CROCHET: VALENTINE'S DAY SCARF**
Get used to maneuvering crochet hooks and choose from red, white, or pink textured yarn to make a lovely scarf. Beginners welcome!
- February 4 (Thurs., 4:15-5:45) PROJECT SERVE: THRIFT STORE**
Give back to The Bridge! Show your heart of service by helping at The Bridge Thrift Store, which supports all the free programs you & your friends enjoy at the teen center. Per new safety guidelines, all donated items sit for 48+ hours prior to being touched & sorted. Gloves will be provided. Community service hours given.
- February 9 (Tues., 4:00-5:00) GIANT GAMES & NACHOS**
Kick back and play Giant Connect Four, Chess, or Jenga. Build your own cheesy nachos with a variety of toppings. Yes, please!
- February 9 (Tues., 5:00-6:00) DRUMS**
Calling all drummers! Make your love for music legit by developing your skill in rhythm and timing. Drum pads and sticks provided.
- February 10 (Wed., 4:00-5:00) ACTING & IMPROV** w/ Dylan Cruz
Try out unrehearsed acting! Build off of a team, incorporate object work, and gain insight from a professional working actor.
- February 10 (Wed., 5:00-6:00) RELAX IN THE HIDEAWAY (HS ONLY)**
Get cozy in a Hideaway pod and relax! Bring a good book to read or earbuds to listen to some music. Take a nap if you want. Coloring books and pencils will also be provided, if you'd rather color your way to calm. Stick to our one person per pod rule, please.
- February 11 (Thurs., 4:00-6:00) HANDYMAN: WOODEN CUTTING BOARDS**
Sand, cut, and stain a wooden cutting board using industrial tools and techniques.
- February 11 (Thurs., 4:30-5:30) THRIFT STORE: WINTER HOLIDAY SHOPPING**
Be thoughtful and spend less on gifts. Come shop at The Bridge Thrift Store, which helps support the free programs you enjoy!
- February 16 & 17 (Tues. & Wed., 4:00-5:30) SEWING: MINI TOTE BAG**
Read a pattern and sew a mini tote bag using a sewing machine. Choose some bright fabric and add some embellishments to enhance its look. Walk away with a cute bag to use for all your daily essentials.
- February 16 (Tues., 4:15-5:45) PROJECT SERVE: THRIFT STORE JEWELRY**
Check out all the generously-donated "bling" behind The Bridge Thrift Store jewelry counter! Learn what to look for as you inspect different types of jewels, so authenticity & worth can be determined. Community service hours given.
- February 18 (Thurs., 4:00-5:30) CULINARY: THREE-CHEESE CALZONES** w/ Chef Karla Temple, RDN
Mix ingredients to make dough and once it's done rising, add your choice of cheese and Italian spices. Fold, seal, and shape it into a calzone pizza and bake it in the oven! Delizioso!
- February 18 (Thurs., 4:00-5:30) ZOOM LIVE: THREE-CHEESE CALZONES** w/ Chef Karla Temple, RDN
Join us from home on Zoom! See above description for details. If you have the ingredients, feel free to make these super cheesy calzones right along with us or just watch. Full recipe on our website.
- February 18 (Thurs., 4:15-5:15) SOUL CAFE: NATURAL WAYS TO COMBAT ANXIETY** w/ Hannah Gibbs, LCSW
Recover from 2020 by learning natural ways to let go of anxiety. Practice relaxing breathing techniques, try a guided imagery exercise, and plant some flowers or seeds in a pot.
- February 23 (Tues., 3:45-5:00) UPCYCLED CARDBOARD CRAFTS** w/ Mandi, Bridge Staffer
Upcycle cardboard boxes, frames, and vases into works of art! Draw, paint, add unique embellishments, or cover them with fabric.
- February 23 (Tues., 4:30-5:30) STOP MOTION ANIMATION (MS ONLY)**
Arrange a short, animated film by manipulating objects between photographs so they appear to move. Learn this vintage filmmaking technique used in countless classics!
- February 24 (Wed., 4:00-5:30) CULINARY: CHOCOLATE LAVA CAKE** w/ Louis, Bridge Alumna
Create your very own chocolate lava cake, and make caramel sauce and whipped cream from scratch. Enough said!
- February 24 (Wed., 4:00-5:30) ZOOM LIVE: CHOCOLATE LAVA CAKE** w/ Louis, Bridge Alumna
Join us from home on Zoom! See above description for details. If you have the ingredients, feel free to make the cake and toppings right along with us or just watch. Full recipe on our website.
- February 25 (Thurs., 4:00-5:00) VIDEO GAME TOURNAMENT**
We'll have the screens all set up in the Garage and ready for you. Play your favorite video games or try new ones, tournament-style. Winners will win free root beer from the Cafe!
- February 25 (Thurs., 4:30-5:30) WILD & EXOTIC ANIMALS** w/ Animals for Awareness
Meet and pet some really amazing animals! They may include (but are not limited to) a talking Amazon parrot, a tegu lizard, a 7-foot Madagascar ground boa, a kinkajou, a hedgehog, and even a mini rex rabbit.

FRIDAY NIGHTS

Friday Nights sponsored by:



Food provided by:



Please note that Friday night events are fully dependent on our region's Covid restrictions. For the latest information, follow us on social media (@thebridgetc) or call 708.532.0500.



DECEMBER 29 & 30

Sign up for a special gift from your friends at The Bridge Teen Center! Pick up info at thebridgeteencenter.org. Sponsored by: Macy's.



JANUARY 8

Cartoon and Disney Trivia



JANUARY 15

Decked in Denim w/ Air Hockey Tournament



JANUARY 22

Arctic Adventure & Art Studio: Canvas Painting



JANUARY 29

Karaoke: Musical Edition



FEBRUARY 5

Football Fanatics & Jersey Jam



FEBRUARY 12

Cupid Karaoke & Foosball Tourney



FEBRUARY 19

Giant Game Night & Trophies



FEBRUARY 26

BINGO & Brownie Pie A la Mode

To attend Friday Nights, students will have to sign up in advance for either the 6:30PM or 8:30PM time slot at thebridgeteencenter.org. Our team will clean and disinfect student areas between 8:00PM and 8:30PM. For the time being, each Friday Night group will be limited to 40 students. This is a temporary requirement based on COVID-19 safety guidelines. All students must be picked up and dropped off promptly.

GROUP 1
6:30PM - 8:00PM

GROUP 2
8:30PM - 10:00PM

ZOOM PROGRAMS

To provide as many programs and events as possible during these unusual times, the following programs will be offered through the Zoom platform. Students can join us virtually from home through the "Bridge Zoom Buckets" listed below.

Zoom Live

Watch a program over Zoom!

Zoom Program

Virtual programs designed for Zoom.

Zoom Lounge

Themed hangouts over Zoom.

Zoom Chat

Want to talk? Email us at info@thebridgeteencenter.org to setup a chat w/ friends or staff.



Students must sign up in advance for programs in order to access the Zoom link provided in our secure Student Portal on the day of the program. For the best Zoom experience, please use a computer or tablet with a strong internet connection. The Bridge is not able to provide individual tech support for these programs.

SUPPORTED IN PART BY: **inspire**
DENTAL WELLNESS